

# Assessment for transplantation

Abbreviated medical protocols from [EdREN](#), the website of the Renal Unit of the Royal Infirmary of Edinburgh

## Assessment clinics

In the East of Scotland, work-up for renal transplantation is carried out at local centres.

**Lothian, Borders and Fife patients** are seen at the transplant assessment clinic in Edinburgh.

A referral letter with a transplant recipient check-list and summary (appendix I+II) should be sent to the Transplant Unit (addressed to one of the Consultant Transplant Surgeons). All the referred patients will be sent an appointment for an outpatient visit.

At time of initial assessment some or all of the following personnel will provide clinical input:

- Transplant surgeon
- Renal physician
- Anaesthetist
- Transplant Co-ordinator

If indicated further assessment by social work department chiropody, dentistry, dietetics, dermatology, liaison psychiatry, and other relevant specialities may be sought.

Patients will have the opportunity for detailed discussion regarding kidney transplantation and will be counselled with respect to relative risks and benefits of cadaveric and living donor kidney transplantation.

An information booklet is also given to the patient to support the verbal information given at the assessment clinic.

## Before Listing

Following initial outpatient assessment, those patients who are considered potentially suitable candidates and who remain willing to be considered for a transplant will undergo further investigation as required.

The transplant coordinator will arrange for copies of all the required investigations prior to listing.

When investigations are complete, the transplant team will review the results. Further

investigations and/or treatments may be required at this time.

The decision about listing the candidate for kidney transplantation will be made by the transplant surgeons after discussion with the multi-disciplinary team and the patient.

A detailed letter regarding the patient assessment will be sent to the referring centre with a copy to the general practitioner.

## Listing

If the patient is to be listed, the patient will be directly informed, verbally and in writing, by the transplant co-ordinator.

Transport requirements in the event of being called in for transplantation will be determined and arranged by the transplant co-ordinator.

**UK Transplant** will be informed by the transplant co-ordinator as per unit procedure.

## Detailed protocols and other info

These documents are all pdf files.

- [Transplant recipient check-list and summary](#) (Appendix 1)
- [Guidelines to be used with check-list](#) (Appendix 2)
- [Triggers to psychiatric referral in renal transplant assessment](#) (Appendix 3)
- [Protocol for tissue typing and antibody screening](#) (Appendix 4)

### Patient information

- [Edren patient information on renal transplantation](#)

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NOTE that the accuracy of any statements in this information CANNOT be guaranteed. It is published in the belief that it is correct, and we endeavour to keep it so - but we do make mistakes. Furthermore, over some subjects there are differing opinions, or differing degrees of certainty. We have usually not attempted to discuss these here because the aim has been to provide an immediate and brief guide. In all areas, prior medical knowledge is assumed. The EdRenHANDBOOK is not suitable for use by those without such a background. Contact us by [email](#) or at the address given at the foot of the [contents page](#) with any comments or corrections.

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